

CONTRAST CARE

Job description: Care at Home Practitioner

Responsible to: Registered Manager

As a Care at Home practitioner, you are entrusted and required to provide the highest standard of quality care to all clients you provide care for, by respecting and upholding their rights, choice, privacy, and dignity. It is your duty to ensure all clients are empowered to be as independent as possible. You will be required to comply with the personal care plan located in the clients' home that gives a detailed description of the care to be provided and the clients assessed needs.

Key Responsibilities

As a care practitioner for Contrast Care, you should be able to undertake all the following duties whilst always respecting the clients and your colleagues and always behaving in a professional manner.

- It is the responsibility of the post holder to promote and safeguard the welfare of all clients s/he comes into contact and to respond to concerns appropriately.
- Look after the physical, emotional, cultural, and social needs of the clients using a person centred approach
- Ensure the safety and security of the clients is maintained at all times
- Ensure clients' privacy and dignity is respected at all times when assisting with personal care
- To protect the confidentiality of all information relating to the client and not divulge information to anyone who is not authorised to receive it
- To provide personal care and support to clients with a range of needs, illnesses and disabilities
- To undertake the tasks detailed in the client's personal care plan using a person centred approach and through ongoing discussion with, and under direction of the manager and professional staff

- To prepare food and drink for the client, being aware of their personal choice, nutritional needs and cultural requirements
- To provide light general household domestic duties, including housework and laundry, as detailed in the personal care plan
- Assist/enable clients with washing, bathing, personal hygiene, dressing, toileting, and continence care and meal preparation
- Assist/enable and support client to comply with their prescribed medication and to maintain detailed records in respect of care and medication support given, ensuring records of care are written legibly and accurately
- To provide companionship to the client, actively talking and listening to them about their interests
- To use manual handling equipment safely and correctly
- To take responsibility for the safe handling of property and equipment belonging to the client
- Provide a commitment to partnership working between NHS, Social Work and other agencies by communicating well with all relevant professionals
- Under the direction of professional staff and following required training, to assist service user with catheter care, stoma care, foot care, eating and swallowing to ensure safe oral intake and PEG feeding, in line with policies and guidelines
- To promptly report to the manager any issues concerning the care, support, well being or behaviour of the client, update records accordingly and continue to monitor where concerns have been reported and recorded
- To recognise the signs of abuse and immediately report abuse or suspected abuse to the manager
- Work in accordance with company policies and any other current legislation
- Understand the importance of Health and Safety in the workplace and be aware of Contrast Care Health & Safety Policy and Procedures
- Be familiar with Violent Incident and Accident reporting procedures and comply with them
- To dress appropriately, wearing uniform and using personal protective equipment provided by Contrast Care
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- Ensure you have a clearly displayed valid I.D card whilst on duty
- To report any complaints to the manager

- Report lateness, sickness or absence to your line manager, giving as much notice as possible
- To attend and participate in regular Care Worker team meetings and any other relevant meetings
- Attend supervision and training, as required by the organisation to undertake the role effectively and for personal development
- To seek out best practice and look at innovative ways to improve the quality and efficiency of service delivery
- Submit timesheets, expense claims and reports at times requested
- Any other duties requested by the manager, which are within the scope of the post